

RULES & REGULATIONS

REGISTRATION

The fee is \$50 per athlete. Athletes may compete in two divisions max but may not compete in the same division twice. The second division registration fee is an additional \$50.

Registration will close at midnight September 27th, 2024.

Stunt, Tumble, Group Divisions: Each athlete must register individually. There will be a section on the registration form to list group members.

AGE ELIGIBILITY

The athlete's age on 12/31/2024 will determine age group eligibility. An athlete may compete in more than two age groups if they meet the age requirement..

MUSIC GUIDELINES

The Nation's Best will provide custom music options that is required to utilize for routine performance. Outside music is not allowed.

UNIFORM

All group members must wear matching attire.

VIDEO SUBMISSION

The video must be taken inside a facility with a spring floor. The video must be one take with clear sound of the music - the music mix may be edited over the video - and a clear view of the routine is required. Edited videos will not be accepted/judged.

DISQUALIFICATION

Any individual or group that does not follow these "Rules and Regulations" will be subject to a disqualification from the competition. If found that an individual competed as an ineligible-aged athlete will result in forfeiting any award and the opportunity to participate in The Nation's Best indefinitely. Group members will receive one year probation.

REPLACEMENT

Incase of injury or emergency, and an athlete is needed to be replaced please email info@IAmTheNationsBest with the subject line "Replacement". In the email include the athlete name and the replacement, plus the team members, the division, and age group.

Any additional questions: info@IAmTheNationsBest.com

