

RULES & REGULATIONS

REGISTRATION

The fee is \$65 per athlete. Athletes may compete in two divisions max but may not compete in the same division twice. The second division registration fee is \$40. On the registration form, be sure to choose which division and age group.

Registration will close March 15, 2023.

Stunt, Tumble, Group Divisions: Each athlete must register individually. Once all members have registered, send one email to info@IAmTheNationsBest.com with each members name. This email will be the sole contact for the group.

AGE ELIGIBILITY

The athlete's age on 12/31/2022 will determine age group eligibility. Based on the age, competing in more than two age groups is allowed.

MUSIC GUIDELINES

The Nation's Best will provide custom music options that is required to utilize for routine performance. Outside music is not allowed.

UNIFORM

All group members must wear matching attire.

VIDEO SUBMISSION

The video must be taken inside a facility with a spring floor. The video must be one take, with clear sound of the music, and all four (4) corners of the spring floor should be visible. Edited videos will not be accepted/judged.

DISQUALIFICATION

Any individual or group that does not follow these "Rules and Regulations" will be subject to a disqualification from the competition. If found that an individual or group has utilized an ineligible-aged athlete will result in forfeiting any award and the opportunity to participate in The Nation's Best for one year.

REPLACEMENT

Incase of injury or emergency and an athlete is needed to be replaced, email info@IAmTheNationsBest with the subject line "Replacement" and the new athlete name

